

How well are you promoting these elements of spiritual maturity? The following assessment will guide you through what you are already doing well, and what you can do to improve the spiritual environment of your family even more.

Task	What are you already doing?	What will you plan to do in the future?
Praying together		
Eating together		
Celebrating rituals and holy days		
Family discussion / conversation		
Nurturing personal faith in every person		

Task	What are you already doing?	What will you plan to do in the future?
Worship together		
Serve others in need as a family		

## The resources below will help you carry out these tasks:

This webinar was based on the <u>Foster Faith</u> segment of <u>Teaching the Way of Love</u>. You can learn more by purchasing this segment for just a few dollars. Click here to learn more!

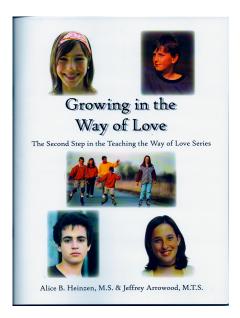
The Diocese of LaCrosse Office of Catechesis has put together a wonderful resource for parents and educators to teach prayers by grade level. Visit <a href="https://diolc.org/prayer">https://diolc.org/prayer</a> to learn more.

What a guide to the basic prayers to teach your children? Download our guide "Catholic Prayers to Teach Your Children."

These "Quick Reference Cards: 10 Ways to Pray" offer you quick outlines for 10 different prayer methods, including Liturgy of the Hours, the Lectio Divine, the Rosary, and Eucharistic Adoration.

The United States Conference of Catholic Bishops (USCCB) has developed a comprehensive resource that can help you in all of these tasks for spiritual maturity. It's the "Family Life and Parenting" section of their *For Your Marriage*" website. Click here to explore this resource.

The USCCB can also help you celebrate rituals and holy days with its <u>liturgical calendar</u>. You can get the readings for the Holy Mass for every day of the liturgical year.



This webinar series is based on the second step of Teaching the Way of Love. Our DVD program Growing in the Way of Love goes much deeper into ways to lead your child through puberty to adulthood according to God's plan. You can access this online program here.