## Embrace Parenthood – Final Draft

## February 4, 2011

# ACTIVITY ONE: CHECKING YOUR KNOWLEDGE

Before you begin your discussions on Growing in Love, answer the following questions together. This discussion is foundational to all you do.

| 1. | What is puberty?   |
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| 2. | Is every human being a person? What is a person?                 |
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| 3. | Are there other persons besides human beings? If so, who?        |
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| 4. | How are we different from the angels or God?                     |
|    |  |
| 5. | Are animals persons?   |
|    |  |
| 6. | If we are images of God, show we act like God? How does God act? |
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| 7. | What is sexuality?   |
|    |  |
| 8. | What is chastity?  |
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#### ANSWERS FOR ACTIVITY ONE:

- 1. What is puberty?

  It is the time in a child's life when boys mature into men and girls mature into women.
- 2. Is every human being a person? What is a person? Yes, every human being is a person. A person is an image of God and is a being with a mind and a will who can think and choose. Persons can know themselves.
- 3. Are there other persons beside human beings? If so, who? In the one God there are three Persons. Further, angels are persons. They have minds and wills, they can think and choose. They can know themselves.
- 4. How are we different from the angels or God? We are the only persons with bodies.
- 5. Are animals persons?

  No. Animals are created by God but they are not formed in God's image and likeness. Animals are not capable of knowing themselves and they are not capable of making choices based on free will.
- 6. If we are images of God, should we act like God? How does God act? Yes. He loves. We should love as God loves.
- 7. What is sexuality?
  Sexuality is our ability to give and receive love as either a male or a female. It is much more than a physical expression of love.
- 8. What is chastity?
  Chastity is the virtue of practicing sexual self-control. It is the virtue that allows us to do what is good and loving in the area of our sexuality. It means refraining from physical expressions of sexuality outside of marriage and remaining faithful to one's spouse in marriage.